

About CHEP



Introduction

The course is designed for church members, and others, who are interested in following and presenting a Christian whole-person ministry to their communities in a relevant, credible manner.

Development of the training course is ongoing, and in its present form has received an excellent response from participants, Conference, Division, and General Conference Health Directors. There is a firm commitment to keep this training course constantly updated, not only with the latest documented nutrition information, but also the best teaching methods.

This training course is an accredited Certificate IV program that will teach you everything you need to know about planning and conducting vegetarian cooking and nutrition programs for your community.

Course details

The course is divided into 21 study units, which cover subjects such as the 'Adventist Health Philosophy', 'Basic Nutrition', 'Advantages of a Vegetarian Diet', 'The Food Connection in Reducing the Risk of Disease', 'The Importance of Being Active', 'How to Plan and Conduct a Successful Health Out-reach Program', 'Marketing and Advertising', 'Effective Communication', 'Food Demonstrating', and 'Food Safety Principles'. (The Food Safety study unit has a separate certificate)

A large part of the course is by correspondence, question sheets, essays and reading assignments that accompany the study units. These are to be completed and returned for marking. There is a 70 hour 'face to face' component that is conducted on 4 weekends when the practical subjects are taught, plus a review of home study units.

2017 dates:

March 25 and 26

May 27 and 28

July 22 and 23

October 28 and 29

Venue:

North NSW Conference Office,
112 Lake Road, Wallsend, 2287

To receive a certificate, for the final assessments you need to present a 10 minute talk on a health topic, demonstrate a recipe, and complete a final exam paper.

Course fees:

The total cost of the course is \$ 600.00 which needs to be paid at the commencement of the training course. The fee covers expenses, and for you includes the following:

- Training manual:** Approximately 400 pages
- Text book:** Nutrition and Wellness, Dr. Winston Craig, 2013
- Text book:** Food and Nutrition, Dr. Mark Wahlqvist, 2011
- Resource material:** Memory stick with 70 public power point presentations
- Meals:** Meals supplied for the training days

To register contact Paul at

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